

Arthur W.
Christopher Community
Center Fitness Classes

265 Fishburne St.
Charleston, SC 29403
843-724-7338



June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Closed	2 Early Bird Walkers 10:30am Tai Chi 6pm Zumba 6pm	3 Adult Fitness 10:30am Zumba Gold 11am Adult Fitness 5:30pm	4 Zumba 6pm	5 Adult Fitness 10:30am Zumba Gold 11am Adult Fitness 5:30pm	5 Adult Fitness 10:30am Adult Fitness 5:30pm Zumba 6pm Black Belt 6:30pm	7 Tai Chi 6pm
8 Closed	9 Early Bird Walkers 10:30am Tai Chi 6pm Zumba 6pm	10 Adult Fitness 10:30am Zumba Gold 11am Adult Fitness 5:30pm	11 Zumba 6pm	12 Adult Fitness 10:30am Zumba Gold 11am Adult Fitness 5:30pm	13 Adult Fitness 10:30am Adult Fitness 5:30pm Zumba 6pm Black Belt 6:30pm	14 Tai Chi 6pm
15 Closed Father's Day	16 Early Bird Walkers 10:30am Tai Chi 6pm Zumba 6pm	17 Adult Fitness 10:30am Zumba Gold 11am Adult Fitness 5:30pm	18 Zumba 6pm	19 Adult Fitness 10:30am Zumba Gold 11am Adult Fitness 5:30pm	20 Adult Fitness 10:30am Adult Fitness 5:30pm Zumba 6pm Black Belt 6:30pm	21 Tai Chi 6pm
22 Closed	23 Early Bird Walkers 10:30am Tai Chi 6pm Zumba 6pm	24 Adult Fitness 10:30am Zumba Gold 11am Adult Fitness 5:30pm	25 Zumba 6pm	26 Adult Fitness 10:30am Zumba Gold 11am Adult Fitness 5:30pm	27 Adult Fitness 10:30am Moving Senior Forward 11am Adult Fitness 5:30pm Zumba 6pm Black Belt 6:30pm	28 Tai Chi 6pm
29 Closed	30 Early Bird Walkers 10:30am Tai Chi 6pm Zumba 6pm					